

A BETTER DAY. NO MATTER HOW YOU PLAY.

Reduced Muscle & Joint Soreness. More Flexibility. Back to Normal Faster.

Dynagenix[™] Fast Facts

- 2 clinical studies
- Reduced post-exercise muscle & joint soreness
- Supports faster, better recovery
- Reduces perceived exertion
- Helps reduce stiffness
- Fast-acting
- Patent-pending
- Clean label
- Safe, side-effect free

Dynagenix[™] is a breakthrough new, water-soluble, neutral tasting *Boswellia*-based ingredient that can help anyone live a more active lifestyle – offering a comprehensive solution to post-activity recovery. Clinical study results point to a nearly 50% reduction in muscle soreness versus placebo with dramatic improvements in joint soreness, flexibility and ease of activity. Dynagenix can help active people of any walk of life to perform better and feel better - faster.

Dynagenix can be formulated into a remarkably broad range of consumer products for active/sports nutrition consumers. Clinical data points to it being used daily for people who are engaged in regular exercise. Dynagenix can be used in liquid and solid tastesensitive formulations like powders, chews, gummies, stick-packs, shots, shakes and more.

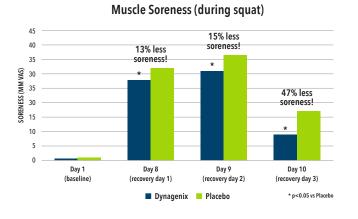


CLINICAL TRIAL POINTS TO BROAD-RANGING BENEFITS FOR DYNAGENIX

In the 2019 clinical trial, 50 recreationally active men (age 25-40) were studied for their response to exercise-related muscle and joint soreness using 60mg of Dynagenix versus a placebo. The supplementation period was 10 days with exercise intervention on day 7.

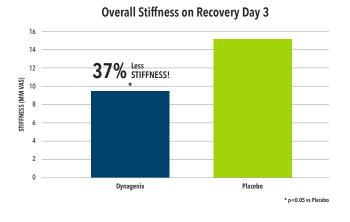
Up to 47% Less Muscle Soreness Than Placebo

Muscle soreness during unweighted squat increased for both groups, but subjects taking Dynagenix reported statistically significantly less soreness than those taking placebo at every recovery point. Similar data from this study show walking downstairs is easier too!



experienced statistically significantly less stiffness than those taking placebo.

Up to 37% Less Stiffness Versus Placebo



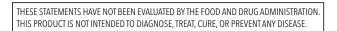
96% of Subjects Recovered Full Strength

Stiffness increased for both groups, but subjects taking Dynagenix

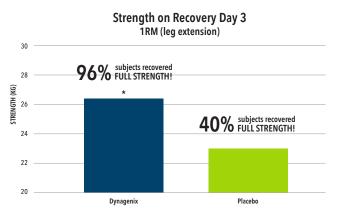
Up to 31% Less Joint Soreness Than Placebo

Joint Soreness (during squat) 45 15% less 40 soreness 16% less 35 soreness SORENESS (MM VAS) 30 + 35 31% less 30 soreness 15 10 5 0 Day 1 Day 8 Day 9 Day 10 (haseline) (recovery day 1) (recovery day 2) (recovery day 3) * p<0.05 vs Placebo Dynagenix Placebo

Joint soreness during unweighted squat increased for both groups, but subjects taking Dynagenix reported statistically significantly less soreness than those taking placebo at every recovery point.



Contact PLT Health Solutions for samples and more information. +1.844-PLTHEALTH



24 out of 25 subjects - 96% taking Dynagenix had full recovery of

strength by Recovery Day 3 versus only 10 of 25 using the placebo.



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